



Devon Carers provides information and support for carers in Devon. We have staff based all across Devon.

Devon Carers is funded by Devon County Council and the Northern, Eastern & Western Devon and Southern Devon Clinical Commissioning Groups.

To find out more call 03456 434 435 or visit www.devoncarers.org.uk

or tear off and return the attached slip (no stamp is required, the slip will fit in a standard DL window envelope if you prefer, or you can copy the address on to a normal envelope).

Westbank Community Health and Care Ltd.
Registered Charity No. 1119541
Company No. 6243811
Farm House Rise
Exminster
Exeter EX6 8AT

to find out more call or visit
03456 434 435
www.devoncarers.org.uk

Please tick all the boxes that apply to you

- ☐ I look after someone – please send me the Devon Carers newsletter.
- ☐ I am caring for an adult (18 or over) – please contact me about a Carers Assessment.
- ☐ I am caring for a child (under 18) with a disability – please contact me about a Carer Health and Wellbeing Check.
- ☐ I am a young carer (under 18) – please send me the Young Carers newsletter.

Please fill in your contact details below.

Name: _____

Address: _____

Postcode: _____

Phone: _____

E mail: _____



If you are a carer
Devon Carers can help you
whatever your age, whoever you care for

a free
service



You are a carer if...

...you provide unpaid support for family, partners or friends who need help because they are ill, frail or have a disability

to find out more call or visit

03456 434 435
www.devoncarers.org.uk



information

Any carer in Devon can access:

- Devon Carers Helpline, open six days a week, for information, advice and signposting.
- A regular newsletter, including information about local events and support groups.
- A Carer Alert Card to ensure the person you care for gets help if something happens to you.

assessment

Are you looking after yourself?

Have you support from family or friends?

Do you have all the help and support you need?

If the answer to any of these is no, and you are caring for an adult living in Devon, you might benefit from a Carers Assessment.

We also provide Carers Health and Wellbeing Checks for carers of children (under 18) with disabilities.

support

Through a Carers Assessment/ Health and Wellbeing Check you might be able to access:



- One to one help, support and advice, including help to create a contingency plan.
- Welfare benefits checks.
- Training to help you care and for your personal development.
- Buddies and peer support.
- A Carers Support Plan and personal budget.
- Help with time off from caring.

to find out more call or visit

03456 434 435
www.devoncarers.org.uk

Freepost RRYT-SASA-HZXZ
Devon Carers
Westbank
Farmhouse Rise
Exminster
Exeter
EX6 8AT